



*The Willows*  
AT BROOKING PARK

*Sponsored by St. Andrew's Resources for Seniors*

211 South Woods Mill Road  
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The Willows at Brooking Park is part of the St. Andrew's Resources for Seniors faith-based, not-for-profit organization. For over half a century, St. Andrew's has provided retirement living options, lifestyle security, enhanced well-being and health, and independence to seniors in Missouri.



*The Willows at Brooking Park seeks to serve all seniors and does not discriminate on the basis of race, age, color, religion, national origin, gender, or disability.*



7 A.M.  
THE WILLOWS

SEIZE THE DAY  
— *daily* —

*Mornings at The Willows. They're not just a time of day. They're an attitude. A feeling of possibility.  
Because there are so many things to do here. So many ways to make the most of each and every day. Carpe diem.*

## See a show.

### CENTERSTAGE

"To enhance the quality of the day...that is the highest of the arts." So said Henry David Thoreau a century or two back, and we couldn't agree more. Which is why our new expansion at The Willows calls for a wide array of arts and cultural amenities, and a brand-new venue to house them all: Centerstage. The social heart of our community, Centerstage brings a variety of performances and exhibits right here to our campus. So they can be a part of your day.

### 150-SEAT THEATRE

Want to catch a musical comedy? Or a mystery play in three acts? Maybe you'd rather screen a movie, or watch a dance ensemble. And what about concerts? Do you prefer classical? Or contemporary? Pop? Or jazz? Chances are, no matter what your favorite is, it's coming to a theatre near you—the 150-seat theatre right here on our campus, at Centerstage.

### ART GALLERY & SCULPTURE GARDEN

As much fun as it is to sit back and take in a show, there's nothing like a stroll through a museum. That's why, in addition to the performing arts presented in Centerstage's theatre, you'll find visual arts exhibits at Centerstage, in its art gallery and sculpture garden. Expect to see plenty of work from local artists—in fact, with all the talent here on our campus, some of the artists might be very local indeed.





## Have some fun.

### PROGRAMS & OUTINGS

The Willows has one of the best addresses in West County, near all the first-class shopping and attractions that our area has to offer, so it's no surprise that our on-campus recreational programs are complemented by plenty of excursions and day trips—including regular jaunts downtown to go aboard a riverboat, for instance, or catch a game.

### ARTS & CRAFTS

Centerstage, The Willows' arts and cultural center, not only offers lots of opportunities to enjoy some artistic masterpieces—it gives you the chance to create a few of your own. Centerstage's creative arts studio puts all kinds of resources at your disposal, giving you the tools you need to follow your muse. And if you're looking for inspiration or instruction, Centerstage also hosts a wide variety of classes and workshops.

### BILLIARDS & CARDS

If you've ever tried to put the nine-ball in the corner pocket, or call someone's bluff when you have no idea what's in their hand, you know there's an art to billiards and cards, even if it's not the kind that's typically performed on stage. In other words, our billiards & cards room is perfectly in keeping with the spirit of Centerstage—think of it as another form of artistic expression.



SEIZE THE DAY  
*daily*

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## Get a taste.

### GO360

The best and most fun way to learn anything is to actually experience it for yourself—to get a taste, you might say—and to experience the subject from as many different angles as possible. That’s the idea behind Go360, an innovative new program at The Willows that offers cultural, recreational, learning, and travel opportunities far beyond the classroom.



### JOURNEY ABROAD

Here’s a good example of how Go360 works. Travel is a centerpiece of the program, so imagine that we’re planning a trip to Italy. Of course, the trip itself will be an amazing experience—the gorgeous countryside, incredible cuisine, and fine wines will guarantee that. But the Go360 program will add to the experience—and to your enjoyment of it—by including other recreational and learning opportunities here closer to home.

### JOURNEY AT HOME

To make the most of a trip to Italy, Go360 might first bring Italy to you. For instance, we could hold a wine tasting seminar, put together an Italian cooking class, or head out for an Italian opera in St. Louis. It’s a full-circle approach (all 360 degrees of a circle), designed to engage you in different, interconnected ways, and give you a fuller, richer experience that’s more than the sum of its parts.



# Eat, drink, and be merry.

## RESTAURANT & PRIVATE DINING

Ready to make dinner plans? Well, just as important as what's served is an environment that makes the most of it—a place where you can savor both your meal and the company of your neighbors. Our fine-dining restaurant is the perfect setting: an inviting, social atmosphere in which everyone is welcome. And our private dining areas will be ideal for more intimate gatherings, when family is visiting or you want to invite just a few friends.

## WINE CELLAR & TEA ROOM

There is a wide range of culinary delights available at The Willows, and each is given its due. That's why we pay as much attention to what fills your glasses and cups as to what rounds out your plate. In our wine cellar, you're able to store your favorite vintage or choose from what we keep on hand. And when you're in more of an Earl Grey or Oolong mood, our tea room hits just the spot.

## BAR AND GRILL & CATERING

When you have a taste for more casual fare, or you're looking for a more casual setting, our bar and grill could be just the ticket. But suppose you want to relax things even further. Well, there's no more casual venue than your own apartment home, and our catering services allow you to choose from a varied menu of selections that you can enjoy in the comfort of your own dining room—or on your own couch.



SEIZE THE DAY  
*daily*



Be your best.

#### INDOOR POOL & FITNESS CENTER

The better your health, the more you can make of your day. Which is why the first-class amenities at The Willows go beyond the recreational, the cultural, and the educational, including ways for you to maintain your physical fitness. Go for a few laps in our indoor heated pool, take a tai chi class in our fitness center—whatever works for you. Whether you set your own schedule or join one of our regular fitness programs, the reward is additional vim and vigor, the better to enjoy everything The Willows—and life—has to offer.

#### HOT TUB & FULL-SERVICE SPA

A little pampering can go a long way, as anyone who has spent a few minutes in our hot tub, or gotten a massage in our full-service spa, can tell you. Simultaneously relaxing and invigorating, these luxurious amenities tend to both body and spirit, while putting you in a truly wonderful frame of mind.

#### ON-CAMPUS CARE

The Willows shares its campus with Brooking Park, a premier senior residence offering a full continuum of care, from Assisted Living services to skilled care, as well as care for those with Alzheimer's and related conditions. As a resident of The Willows, you'll enjoy priority access to Brooking Park, which like The Willows is sponsored by St. Andrew's Resources for Seniors, a faith-based, not-for-profit organization that has been serving seniors since 1961.





## Make yourself at home.



### SPACIOUS & MAINTENANCE-FREE

No matter how much fun and excitement you're able to pack in at The Willows, at the end of the day, you want to come home to a place that feels like...well...*home*. That's why we've taken so much care in the design of our apartment homes, offering a variety of truly spacious floor plans (over 1,000 sq. ft. and up). And that's why we take care of all the maintenance for you—so you'll actually have time to enjoy your home. Not to mention all the opportunities waiting just outside your door.

### PATIOS & DECKS

There's a lot we could say about the high standards in materials and construction that distinguish our apartment homes. But seeing is believing. And one look at our patios and decks is worth a thousand words. A quick stroll across one and you can tell right away that it adds more than space to your home—it adds character. And provides the perfect place to start your day.

### OPTIONS & UPGRADES

When you choose one of our apartment homes, you also get to choose from a wide range of design selections; there are, for instance, vaulted ceilings in some apartments, and some offer gas log fireplaces. There are also upgrade packages available, for cabinets, carpeting, flooring, and lighting. Adding even more value is our 90% Present-Value Refundable Entrance Fee, which means if you ever leave your apartment home, the refundable amount you receive is based not on the original Entrance Fee you paid, but on your apartment home's present value.



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## Take it easy.



### A RANGE OF SERVICES

Some days, your calendar may be full of fun things to do. Some days, you may have penciled in nothing but “sit back and relax.” But on no day should you have to spend your time on unwanted chores. That’s our job. That’s why we offer such a comprehensive set of services, including housekeeping, available linen/laundry service, scheduled transportation, and concierge service.

### ON-SITE CONVENIENCES

To save you even more time, and to make life at The Willows that much easier, we’ve made sure our campus includes some of life’s most needed, regular conveniences, like banking services and a full-service barber shop and beauty salon.

### UNDERGROUND PARKING & 24-HOUR SECURITY

At The Willows, you never have to worry about parking, and you never have to worry about your safety. Our underground parking garage, which includes storage areas, and our 24-hour security services are all part of the package.



365 days a year. No two alike.



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