

*“I’m so worried  
about Grandma.  
She doesn’t get  
around as well as  
she used to.”*

Worry Less.®

**St.  
Andrew's**  
RESOURCES FOR SENIORS SYSTEM



*“I’m so worried  
about my Dad.  
He’s not interested in  
anything anymore.”*

Worry Less.®

**St.  
Andrew's**  
RESOURCES FOR SENIORS SYSTEM

# I N T R O D U C T I O N

T H E R E ' S E N O U G H W O R R Y I N T H E W O R L D .

You need less of it. 🌿 Since 1961, St. Andrew's Resources for Seniors System has reduced many of the anxieties



that swirl around care for elders. How? Through highly desirable senior living communities where older adults can live healthy, live well, and live it *up*. 🌿 Through options that foster vitality and well-being. 🌿 And through a

family of exceptional services that take burdens from your shoulders and frown lines from your face. 🌿 As a faith-based and non-profit organization, our vision is to create



a world where *all* elders are respected, productive, secure, and fulfilled.



Our mission is making that vision real.

Every day.



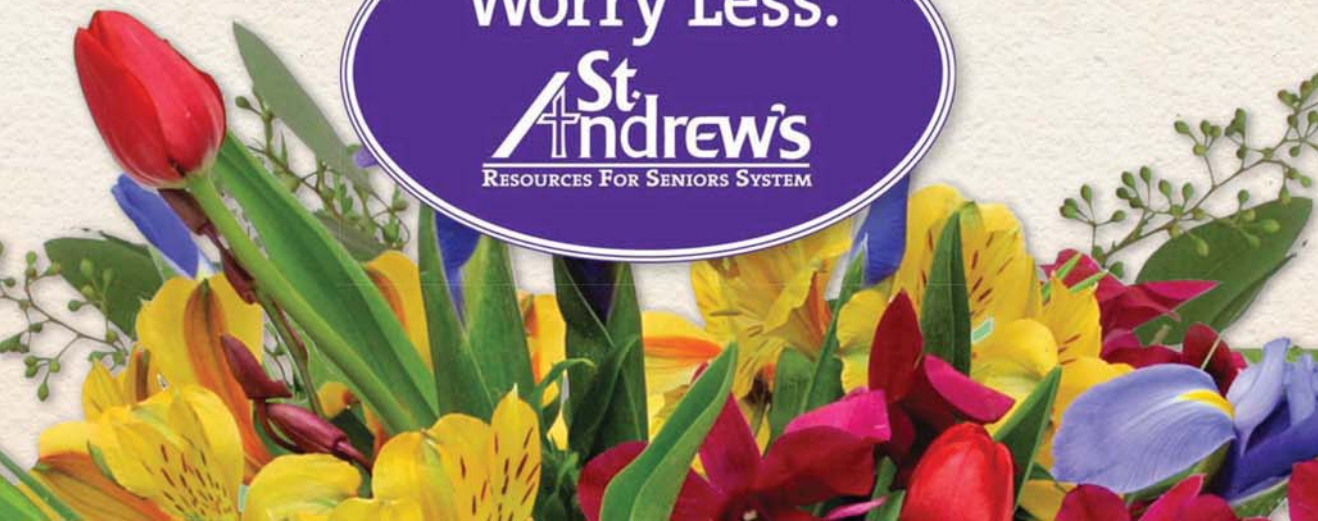
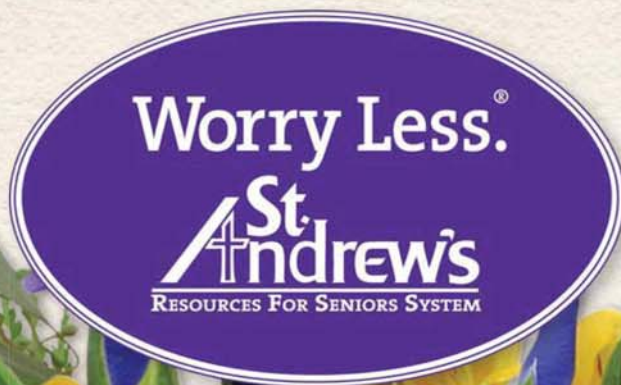
# C O M M U N I T I E S

## W O R R Y L E S S A B O U T W H E R E T O L I V E .



The joys of life are many. Start embracing them. You deserve it. 🌿 At the senior living communities of St. Andrew's, worry is checked at the door. Whatever your need, **we have amazing amenities.**

🌿 Live independently. Enjoy assisted living. Or benefit from skilled nursing. 🌿 Our uniquely caring staff are experts at nurturing **body, mind, and spirit.** Leave the worry to us, while you continue enjoying life's timeless pleasures. 🌿 After all, every St. Andrew's team member exemplifies our mantra: **"How can I help? I have the time."**



# S O L U T I O N S

WE PROVIDE THE ANSWERS YOU NEED.

Home, safe home. 🌿 It's possible, thanks to St. Andrew's Senior Solutions, which helps older adults **remain independent** by



offering exceptional care in their homes, providing **one-on-one specialists** to help clients and their caregivers manage the issues of aging,

and giving direction through the maze of options. 🌿 In addition,

St. Andrew's & Bethesda Home Health offers Medicare **rehabilitation services** in a person's home. 🌿

Our Caring Workplace program helps businesses provide support for **employed caregivers**, improving morale and productivity in the process. 🌿 And our Charitable



Foundation is committed to serving our elders and caregivers from all walks of life, allowing them to maintain their dignity and self-worth.



## W O N D E R I N G   W H E R E   T O   B E G I N ?   W O R R Y   N O T .

You can contact these senior living communities and services for answers:

### **BROOKING PARK**

Beautifully designed apartments in Chesterfield. Assisted living, skilled nursing, memory care, Medicare-certified rehabilitation services.

**314-576-5545**

[www.BrookingPark.org](http://www.BrookingPark.org)

### **TOWER GROVE MANOR**

Unique apartment homes in South St. Louis. Retirement living with amenities.

**314-773-2800**

[www.TowerGroveManor.org](http://www.TowerGroveManor.org)

### **ST. ANDREW'S ASSISTED LIVING OF BRIDGETON**

Attractive apartments in Bridgeton. Assisted living, memory care.

**314-867-8993**

[www.AssistedLivingBridgeton.org](http://www.AssistedLivingBridgeton.org)

### **THE WILLOWS AT BROOKING PARK**

Spacious apartment homes and villas in Chesterfield. Retirement living complemented by superior amenities.

**314-576-0800**

[www.NewWillows.org](http://www.NewWillows.org)

### **CAPE ALBEON**

Lakeside apartments and cottages in southwest St. Louis County. Retirement living, assisted living, memory care.

**636-861-3200**

[www.CapeAlbeon.org](http://www.CapeAlbeon.org)

### **ST. ANDREW'S AT FRANCIS PLACE**

Overlooking the scenic bluffs in Eureka. Skilled nursing, memory care, Medicare-certified rehabilitation services.

**636-938-5151**

[www.StAndrewsFrancisPlace.org](http://www.StAndrewsFrancisPlace.org)

### **ST. ANDREW'S AT NEW FLORENCE**

Friendly small-town setting. Assisted living, skilled nursing, Medicare-certified rehabilitation services.

**573-415-9333**

[www.NewWillows.org](http://www.NewWillows.org)

### **ST. ANDREW'S SENIOR SOLUTIONS**

Supportive services and nursing care for seniors in their own home or senior community.

**314-726-5766**

[www.StAndrewsSeniorSolutions.org](http://www.StAndrewsSeniorSolutions.org)

### **SUBSIDIZED SENIOR APARTMENTS**

Over 500 attractive, secure apartments in St. Louis and Illinois. Income-based rent.

**314-867-8993**

[www.StAndrewsHUD.org](http://www.StAndrewsHUD.org)

### **ST. ANDREW'S & BETHESDA HOME HEALTH**

Medicare-certified rehabilitation and in-home health services.

**314-718-2600**

[www.StAndrewsBethesda.com](http://www.StAndrewsBethesda.com)

### **CHARITABLE FOUNDATION**

Financial assistance with an outreach to more than 5,000 elders and caregivers each year.

**314-726-0111**

[www.WorryLessSeniors.org](http://www.WorryLessSeniors.org)

### **CARING WORKPLACE**

Employer-based benefit program offering resources and consultation for employees with elder loved ones.


**314-726-5766**

[www.CaringWorkplace.org](http://www.CaringWorkplace.org)

1001 CRAIG RD, SUITE 200, ST. LOUIS, MO 63146

PHONE 314-726-0111 • FAX 314-726-2773

EMAIL: [INFO@STANDREWS1.COM](mailto:INFO@STANDREWS1.COM) • VISIT: [WWW.STANDREWS1.COM](http://WWW.STANDREWS1.COM)

 [STANDREWSRESOURCES](https://www.facebook.com/STANDREWSRESOURCES)



St. Andrew's seeks to serve all seniors and does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, or handicap.

