


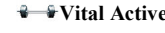
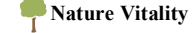


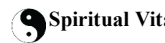






























































































































































JUNE 2023

Cape Albeon Village Vital Life Enrichment Calendar

*Activities are subject to change



SUN	MON	TUE	WED	THU	FRI	SAT
<p>BOOKMOBILE VISITS ON WEDNESDAY JUNE 7 & JUNE 21 10:00 A.M. VILLAGE LIVING ROOM</p> 	<p>Activity Locations:</p> <p>(C) Chapel (CC) Dining Room (CR) Chesapeake Room (L) Living Room (Li) Library (N) Nurses' Station (P) Patio (PDR) Private Dining Room (TL) T.V. Lounge</p>	<p> Vital Active  Nature Vitality</p> <p> Connected Vitality  Social Vitality</p> <p> Spiritual Vitality  Vital Creativity</p> <p> Vital Entertainment</p>		<p>1</p> <p> 9:00 Coffee Klatch (L)  10:30 Fusion Exercise (L)  1:00 Manicure Nails (CR)  2:00 Word Search (CR)  3:00 Hot Potato (L)  6:00 Bingo (L)</p>	<p>2</p> <p> 9:30 Morning Walk (L)  10:30 Bingo (L)  1:30 Trivia (L)  2:00 Movie, Popcorn & Soda (L)  3:30 Residents' Choice (CR)</p>	<p>3</p> <p> 9:30 Reminisce (L)  10:30 Tone Up! (L)  1:30 Dominoes (CR)  3:00 Kings in the Corner (CR)</p>
<p>4 Week 1 Menu</p> <p> 9:00 Catholic Communion Visits  1:00 Any Card Game (CR)  1:30 Rummikub (CR)  3:30 Jackpot Bingo (L)</p>	<p>5</p> <p> 9:30 Morning Walk (L)  10:30 Sit & Be Fit (L)  1:15 Catholic Rosary (TL)  2:00 Cook Me Up (CR)  3:30 Summer Bugs (CR)</p>	<p>6</p> <p> 9:30 News Review (L)  10:00 Coffee, Tea and Me (L)  1:30 Scenic Drive  2:00 Puzzles (CR)  3:30 Let's Paint (CR)  6:00 Bingo (L)</p>	<p>7</p> <p> 9:30 Morning Walk (L)  10:00 Ecumenical Worship Service (L)  2:00 Social Hour (L)  3:30 Washers (L)  6:00 Movie (L)</p> <p>BOOKMOBILE VISITS 10:00</p>	<p>8</p> <p> 9:00 Coffee Klatch (L)  10:30 Fusion Exercise (L)  1:00 Manicure Nails (CR)  2:00 Word Search (CR)  3:00 Dance Performance : STL Strutters (L)  6:00 Bingo (L)</p>	<p>9</p> <p> 9:30 Morning Walk (L)  10:30 Bingo (L)  12:00 TRIP: Circus Flora  1:30 Trivia (L)  2:00 Movie, Popcorn & Soda (L)  3:30 Any Card Game (CR)</p>	<p>10</p> <p> 9:30 Reminisce (L)  10:30 Tone Up! (L)  12:00-2:00 Family BBQ (Outdoors)  3:30 Yahtzee (CR)</p>
<p>11 Week 2 Menu</p> <p> 9:00 Catholic Communion Visits  1:00 Any Card Game (CR)  2:00 Family Jackpot Bingo (L)</p>	<p>12</p> <p> 9:30 Morning Walk (L)  10:30 Sit & Be Fit (L)  1:15 Catholic Rosary (TL)  2:00 Cook Me Up (CR)  3:30 IN2L (TL)</p>	<p>13</p> <p> 9:30 News Review (L)  10:00 Coffee, Tea and Me (L)  1:30 Scenic Drive  2:00 Puzzles (CR)  3:30 Let's Paint (CR)  6:00 Bingo (L)</p>	<p>14</p> <p> 9:30 Morning Walk (L)  10:00 Ecumenical Worship Service (L)  2:00 Ice Cream Social (L)  3:30 Cup Throw (L)  6:00 Movie (L)</p> <p>FLAG DAY</p>	<p>15</p> <p> 9:00 Coffee Klatch (L)  10:00 Catholic Mass (L)  11:00 Fusion Exercise (L)  1:00 Manicure Nails (CR)  2:00 Word Search (L)  3:00 Dartball (L)  6:00 Bingo (L)</p>	<p>16</p> <p> 9:30 Morning Walk (L)  10:30 Bingo (L)  11:30 Just Men's Lunch (P)  1:30 Trivia (L)  2:00 Movie, Popcorn & Soda (L)  3:30 Residents' Choice (CR)</p>	<p>17</p> <p> 9:30 Reminisce (L)  10:30 Tone Up! (L)  1:30 Dominoes (CR)  3:00 UNO (CR)</p>
<p>18 Week 3 Menu</p> <p> 9:00 Catholic Communion Visits  1:00 Any Card Game (CR)  1:30 Rummikub (CR)  3:30 Jackpot Bingo (L)</p> <p>Happy FATHER'S Day</p>	<p>19</p> <p> 9:30 Morning Walk (L)  10:30 Sit & Be Fit (L)  1:15 Catholic Rosary (TL)  2:00 Cook Me Up (CR)  3:30 Vacation Spots (L)</p>	<p>20</p> <p> 9:30 News Review (L)  10:00 Coffee, Tea and Me (L)  1:30 Scenic Drive  2:00 Puzzles (CR)  3:30 Craft Time (CR)  6:00 Bingo (L)</p>	<p>21</p> <p> 9:30 Morning Walk (L)  10:00 Ecumenical Worship Service (L)  2:00 Social Hour (L)  3:30 Tic tac Toe floor game (L)  6:00 Movie (L)</p> <p>BOOKMOBILE VISITS 10:00 A.M</p>	<p>22</p> <p> 9:00 Coffee Klatch (L)  10:00 Art Show (L)  10:30 Fusion Exercise (TL)  1:00 Manicure Nails (CR)  2:00 Word Search (L)  3:00 Bowling (L)  6:00 Bingo (L)</p>	<p>23</p> <p> 9:30 Morning Walk (L)  10:30 Bingo (L)  1:30 Trivia (L)  2:00 Movie, Popcorn & Soda (L)  3:30 Any Card Game (CR)</p>	<p>24</p> <p> 9:30 Reminisce (L)  10:30 Tone Up! (L)  1:30 Concert: Rekha Dravina (L)  3:00 Left, Center, Right (CR)</p>
<p>25 Week 4 Menu</p> <p> 9:00 Catholic Communion Visits  1:00 Any Card Game (CR)  1:30 Rummikub (CR)  3:30 Jackpot Bingo (L)</p>	<p>26</p> <p> 9:30 Morning Walk (L)  10:30 Sit & Be Fit (L)  1:15 Catholic Rosary (TL)  2:00 Cook Me Up (CR)  3:30 IN2L (TL)</p>	<p>27</p> <p> 9:30 News Review (L)  10:00 Residents' Coffee & Donuts (L)  1:30 Scenic Drive  2:00 Puzzles (CR)  3:30 Let's Paint (CR)  6:00 Bingo (L)</p>	<p>28</p> <p> 9:30 Morning Walk (L)  10:00 Ecumenical Worship Service (L)  2:00 Social Hour (L)  3:30 Corn Hole (L)  6:00 Movie (L)</p>	<p>29</p> <p> 9:00 Coffee Klatch (L)  10:30 Fusion Exercise (L)  1:00 Manicure Nails (CR)  2:00 Word Search (L)  3:00 Balloon Volleyball (L)  6:00 Bingo (L)</p>	<p>30</p> <p> 9:30 Morning Walk (L)  10:30 Bingo (L)  1:30 Trivia (L)  2:00 Movie, Popcorn & Soda (L)  3:30 Residents' Choice (CR)</p>	