



Residents

5TH SHELLEY T.

14TH BETTY H.

27TH TODD B.

29TH CATHERINE M.

29TH JACKSON W.

Staff

21ST SHELONDA F.

30TH MICHELLE B.

Tower Grove
MANOR



Highlights

RECREATION & WELLNESS CALENDAR

July

2024

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 1P YOGA (ER) 3:15P BIBLE STUDY (EL)	2 10A WALGREENS, BANK, POST OFFICE (L)	3 10a Tai CHI (EL) 1P PROTESTANT SERVICE (EL) 2P BINGO W/ RES COUNCIL (EL)	4 Happy 4th of July!!	5 10a TRIVIA (EL) 10a-11:30a MOBILE LIBRARY (L)- VOTER REGISTRATION 2P- CANASTA (WL)	6 12P- MOVIE- HIT MAN (EL)
7 11:30A CATHOLIC MASS (PR)	8 1P YOGA (ER) 2P RESIDENT COUNCIL (EL) 3:15P BIBLE STUDY (EL)	9 10a savers 2P ICE CREAM SOCIAL (EL)	10 9:30A MEET YOUR NEIGHBOR BREAKFAST 10a Tai CHI (EL) 2P BINGO W/ RES COUNCIL	11 1P- SCHNUCKS (L)	12 10a TRIVIA (EL) 11a MISSOURI HISTORY MUSEUM 2P canasta (WL)	13 12P- MOVIE- THE PEANUT BUTTER FALCON (EL)
14 11:30A CATHOLIC MASS (PR)	15 1P YOGA (ER) 2P TRIVIA W/ RON (EL) 3:15P BIBLE STUDY (EL)	16 10A WALMART  3P HAPPY HOUR	17 10a Tai CHI (EL) 1P PROTESTANT SERVICE (EL) 2P BINGO W/ RES COUNCIL (EL)	18 10a- SCHNUCKS (L) 2P- League of Women Voters Presentation (EL)	19 10a TRIVIA (EL) 10:45a- TOUR OF BISSINGER'S CHOCOLATE FACTOR FOLLOWED BY LUNCH ON THE HILL (MAX 8 PPL) 2P- canasta (WL)	20 2P- MOVIE- OLD DADS
21 11:30A CATHOLIC MASS (PR)	22 1P YOGA (ER) 2P HISTORY W BARNEY: STATUES AND MONUMENTS OF FOREST PARK 3:15P BIBLE STUDY (EL)	23 10A TRADER JOES	24 10a Tai CHI (EL) 2P BINGO W/ RES COUNCIL (EL)	25 10A JEOPARDY W/ COURTNEY (EL) 1P- SCHNUCKS (L)	26 10a TRIVIA (EL) 2P- canasta (WL)	27 2P MOVIE- GOYO
28 11:30A CATHOLIC MASS (PR)	29 1P YOGA (ER) 3:15P BIBLE STUDY (EL)	30 10A THRIFT STORES 4P RESIDENT BIRTHDAY DINNER	31 10a Tai CHI (EL) 1P PROTESTANT SERVICE (EL) 2P PRIZE BINGO W/ BEAUVAIS MANOR (EL)		ROOM KEY: EL: EAST LOUNGE WL: WEST LOUNGE MR: MARMADUKE ROOM	L: LOBBY PR: PRAYER ROOM (201) ER: EXERCISE ROOM (309) DR: DINING ROOM