


The Willows at Brooking Park, 211 S. Woods Mill Road, Chesterfield, MO 63017 – 314-576-0800

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 1:00 Sunday Soloist: Rinn Netherton, pianist/singer (Andre's) 2:00 Worship at Brooking Park (Chapel)	<b>2</b> 9:00 Aqua Aerobics with Doug (P) 11:00 Labor Day party with food, and music by the Newcomb Brothers (Patio)** 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 7:00 Poker (GR)	<b>3</b> 10:00 Trip: Pere Marquette State Park / Lunch (L)** 2:00 Come Sit & Knit a Bit (Grille) 7:00 Bible Study (CR)	<b>4</b> 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR)	<b>5</b> 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 1:00 Tai Chi with Marilyn (T) 1:30 Bookmobile (G)	<b>6</b> 9:00 Fitness with Doug (T) 11:00 Torah Talk with Rabbi Rosenberg (CR) 12:30 Mahjong (GR) 1:00 Grocery shopping, Schnucks (L)** 1:00 Rummikub (GGR) 2:00 Speaker: Bev Schuetz, "Theatrical Giants: Barnum, Buffalo Bill, & Ziegfeld" (T) 3:00 Rosary (GR) 7:00 Cambia: Musical duo (T)	<b>7</b> 10:00 Ping-Pong (GR) 1:30 Hand & Foot (Canasta) Card Game (SPDR)
<b>8</b> 1:00 Sunday Soloist: Richard Egan, pianist (Andre's) 2:00 Worship at Brooking Park (Chapel)	<b>9</b> 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 12:30 Bridge (GR) 1:30 Scrabble (GGR)	<b>10</b> 10:00 Trip: New Clark Family Library / Lunch at Brio Italian Grille Frontenac (L)** 2:00 Come Sit & Knit a Bit (Grille) 3:00 Meeting about Active Aging Week (T)	<b>11</b> 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:00 Holly on Hand (T) 10:30 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Sarah (T) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 Piano Club (T)	<b>12</b> 9:00 Aqua Aerobics with Doug (P) 12:00 Men's Luncheon (Andre's)** 2:30 Documentary: "Remembering Gene Wilder" (T)	<b>13</b> 9:00 Fitness with Doug (T) 12:30 Mahjong (GR) 1:00 Grocery shopping, Dierbergs (L)** 1:00 Rummikub (GGR) 3:00 Rosary (GR)	<b>14</b> 10:00 Ping-Pong (GR) 2:00 Bingo! With Judy (MP)
<b>15</b> 1:00 Sunday Soloist: Rekha Dravina, pianist (Andre's) 2:00 Worship at Brooking Park (Chapel)	<b>16</b> 9:00 Aqua Aerobics with Doug (P) 10:00 Grab a Snack (Activities) 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)** 7:00 Poker (GR)	<b>17</b> 10:00 Trip: Bowood by Niche, lunch and shopping (L)** 2:00 Come Sit & Knit a Bit (Grille) 3:00 Book Club: The Color of Air (CR) 7:00 Bible Study (CR)	<b>18</b> 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 5:00 Dinner Out: Cleaver & Cocktail (L)**	<b>19</b> 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 10:00 Dr. Juelich, Audiologist (Spa)** 12:00 Food Drive with Free Lunch: Bring canned goods or toiletries** 1:00 Tai Chi with Marilyn (T) 1:30 Bookmobile (G) 1:30 Painting with Chrissy (CR)** 2:00 Trivia with Judy (MPR) 7:00 The Ragged Blade Band (T)	<b>20</b> 9:00 Fitness with Doug (T) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 1:00 Grocery shopping, Schnucks (L)** 2:00 Musical Bingo with Bill (T) 3:00 Rosary (GR) 4:00 September Birthday Party (Andre's)	<b>21</b> 10:00 Ping-Pong (GR) 1:30 Hand & Foot (Canasta) Card Game (SPDR)
<b>22</b> 1:00 Sunday Soloist: Tim Lilly, harpist (Andre's) 2:00 Worship at Brooking Park (Chapel)	<b>23</b> 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 12:30 Bridge (GR) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)**	<b>24</b> 10:00 Trip: Kimmswick, Mo. / Lunch at the Blue Owl (L)** 2:00 Come Sit & Knit a Bit (Grille) 2:00 Beginner CUBIGO training (CR) 3:00 Movie: "The Producers," with Gene Wilder and Zero Mostel (T)	<b>25</b> 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Let's Talk discussion group (MPR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR)	<b>26</b> 9:00 Aqua Aerobics with Doug (P) 10:00 Craft: Working with Clay (AR)** 3:00 Town Hall Meeting (T) / Happy Hour (Andre's)	<b>27</b> 8:30 Trip: Dierbergs Farm, Hermann, Mo.: Tour on the tram (L)** 9:00 Sign-ups for October (G) 9:00 Fitness with Doug (T) 10:30 Rosary/Mass (CR) 12:30 Mahjong (GR) 1:00 Grocery, Dierbergs (L)** 1:00 Rummikub (GGR)	<b>28</b> 10:00 Ping-Pong (GR) 2:00 Dance Discovery: Historic dance troupe (T)
<b>29</b> 1:00 Sunday Soloist: Bill Boyer, pianist (Andre's) 2:00 Worship at Brooking Park (Chapel)	<b>30</b> 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 2:00 Active Aging Week: Engaged in life (T)**					

\*\*RED items: Sign-up required. For trips, time refers to departure from Lobby.

KEY: APDR = Andre's Private Dining Room, AR = Art Room, CR = Classroom, G = Gallery, GGR = Grille Granite Room, GR = Game Room, L = Lobby, Lib = Library, MPR = Multipurpose Room (Building A), P = Pool, SPDR = Small Private Dining Room, T = Theater, WBP=Channel 71