

October 2024



Harbor Cottages

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 🎂	3	4	5
		9:30 Lakeside Kids Visit 10:30 Cape Albeon Chimers Practice 10:30 Surprise Scenic Drive 1:30 Quarters Bingo (2FL) 1:30 Chimers Concert (C) 2:00 Library Visits (Li) 3:00 Chair Yoga Stretch (C)	8:00 Pickleball 8:45 Water Fitness (PP) 9:00 Men's Coffee: All Men are Welcome (PDR) 9:30 Water Fitness (PP) 10:30 Aldi, Schnucks, Walgreens 1:30 Pinochle (DR) 1:30 Mexican Train Dominoes (2FL) 2:00 Alzheimer's Informational Presentation (C)	10:00 Rosary (C) 10:30 Communion (C) 11:30 Cottage Ladies' Lunch (DR) 11:30 Housefit Exercise (C) 1:30 Quarters Bingo (2FL) 3:15 Chair Yoga (C) 6:30 Bunco Night (2FL)	8:00 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 12:30 WII Bowling in the 2FL Media Room 1:30 Activities Focus Group (2FL) 3:00 HAPPY HOUR (2FL)	10:00 Pickleball, Bocce ball, Shuffleboard 11:30 Choir Practice (C) 11:30 Harbor Family Picnic (SC) 6:30 Mexican Train Dominoes (2FL)
6	7	8 🎂	9	10	11	12
7:00 Week 3 Menu 9:30 Catholic Service (2FL) 11:00 Bus leaves for Sacred Heart Mass 1:00 Ecumenical Worship (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:30 Bocceball 11:00 Circle of Friends (C) 1:30 Vitality in Motion (C) 3:00 SONGBIRDS (2FL)	10:30 Cape Albeon Chimers Practice 10:30 Surprise Scenic Drive 1:30 Quarters Bingo (2FL) 3:00 Chair Yoga Stretch (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:00 Men's Coffee: All Men are Welcome (PDR) 9:30 Water Fitness (PP) 10:30 Aldi, Schnucks, Walgreens 1:30 Pinochle (DR) 1:30 Stages Show: Ragtime 1:30 Mexican Train Dominoes (2FL)	10:00 Rosary (C) 10:30 Communion (C) 11:30 Housefit Exercise (C) 1:30 Quarters Bingo (2FL) 3:15 Chair Yoga (C) 6:30 Bunco Night (2FL)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:15 Purina Farms then lunch at Hawthorn Inn 12:30 WII Bowling in the 2FL Media Room 3:00 HAPPY HOUR (2FL)	10:00 Pickleball, Bocce ball, Shuffleboard 11:30 Choir Practice (C) 1:00 Movie & Popcorn (2FL) 6:30 Mexican Train Dominoes (2FL)
13	14	15	16	17	18 🎂	19
7:00 Week 4 menu 9:30 Catholic Service (2FL) 11:00 Bus leaves for Sacred Heart Mass 11:00 Brunch open seating (DR)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:30 Bocceball 11:00 Circle of Friends (C) 1:30 Vitality in Motion (C) 2:30 Cubigo & Tech support with SLU students (CFR)	10:00 One Day at a Time (PDR) 10:30 Cape Albeon Chimers Practice 10:30 Surprise Scenic Drive 1:30 Quarters Bingo (2FL) 2:00 Library Visits (Li) 3:00 Chair Yoga Stretch (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:00 Men's Coffee: All Men are Welcome (PDR) 9:30 Water Fitness (PP) 10:30 Aldi, Schnucks, Walgreens 1:30 Pinochle (DR)	10:00 Rosary (C) 10:30 Communion (C) 11:30 Housefit Exercise (C) 1:30 Quarters Bingo (2FL) 3:15 Chair Yoga (C) 6:30 Bunco Night (2FL)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:00 Lakeside Kids Visit 11:15 Guided Tour of Frank Lloyd Wright House 12:30 WII Bowling in the 2FL	10:00 Pickleball, Bocce ball, Shuffleboard 11:30 Choir Practice (C) 2:00 Student Piano Recital (2FL) 6:30 Mexican Train Dominoes (2FL)

Bold activity = Sign up mandatory

2FL = 2nd Floor Lounge, C = Chapel, Li = Library, PP = Pool Patio, PDR = Private Dining Room, DR = Dining Room, SC = Sport Court, CFR = Conference Room, HS = Hobby Studio

1:00 Ecumenical Worship (C)			1:30 Mexican Train Dominoes (2FL)		Media Room 3:00 HAPPY HOUR (2FL)	
20	21	22 🎂	23	24	25	26
7:00 Week 1 Menu 9:30 Catholic Service (2FL) 11:00 Bus leaves for Sacred Heart Mass 1:00 Ecumenical Worship (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:30 Bocceball 11:00 Circle of Friends (C) 1:30 Vitality in Motion (C) 3:00 SONGBIRDS (2FL)	10:15 Horse Races and lunch at Top of the Turf restaurant 10:30 Cape Albeon Chimers Practice 1:30 Quarters Bingo (2FL) 3:00 Chair Yoga Stretch (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:00 Men's Coffee: All Men are Welcome (PDR) 9:30 Water Fitness (PP) 10:30 Aldi, Schnucks, Walgreens 1:30 Pinochle (DR) 1:30 Mexican Train Dominoes (2FL)	10:00 Rosary (C) 10:30 Communion (C) 11:30 Housefit Exercise (C) 1:30 Quarters Bingo (2FL) 2:00 Book Club (PDR) 3:15 Chair Yoga (C) 6:30 Bunco Night (2FL)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:00 Watercolor Class in the Hobby Studio (HS) 12:30 WII Bowling in the 2FL Media Room 3:00 HAPPY HOUR (2FL)	10:00 Pickleball, Bocce ball, Shuffleboard 11:30 Choir Practice (C) 1:00 Movie & Popcorn (2FL) 6:30 Mexican Train Dominoes (2FL)
27 🎂	28	29	30	31	Happy Birthday 🎂	
7:00 Week 2 Menu 9:30 Catholic Service (2FL) 11:00 Bus leaves for Sacred Heart Mass 1:00 Ecumenical Worship (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:30 Water Fitness (PP) 10:30 Bocceball 11:00 Circle of Friends (C) 1:30 Vitality in Motion (C) 2:30 Cubigo & Tech support with SLU students (CFR)	10:30 Cape Albeon Chimers Practice 10:30 Surprise Scenic Drive 1:30 Quarters Bingo (2FL) 2:00 Library Visits (Li) 3:00 Chair Yoga Stretch (C)	8:30 Pickleball 8:45 Water Fitness (PP) 9:00 Men's Coffee: All Men are Welcome (PDR) 9:30 Water Fitness (PP) 10:30 Aldi, Schnucks, Walgreens 1:30 Pinochle (DR) 1:30 Mexican Train Dominoes (2FL)	10:00 Rosary (C) 10:00 Lakeside Kids costume parade (Lobby) 10:30 Communion (C) 11:30 Housefit Exercise (C) 1:30 Quarters Bingo (2FL) 3:00 Halloween Party with Boyd Kasten (2FL) 3:15 Chair Yoga (C) 6:30 Bunco Night (2FL)	Oct 02 William Starkey Oct 08 Tom Hamilton (74) Oct 18 Felicia Fuchs & Susan Gott Oct 22 Jackie Concannon Oct 27 Joan Torretta	

Bold activity = Sign up mandatory

2FL = 2nd Floor Lounge, C = Chapel, Li = Library, PP = Pool Patio, PDR = Private Dining Room, DR = Dining Room, SC = Sport Court, CFR = Conference Room, HS = Hobby Studio