

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER 2024	1 1:00 Active Aging Week: BBQ and Games (Patio) 2:00 Come Sit & Knit a Bit (Grille) 3:00 Computer help with SLU students (Lib) 7:00 Bible Study (CR)	2 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 1:00 Active Aging Week: Petting Zoo, Games, Snow Cones (Patio) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR)	3 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 11:45 Grocery shopping, Schnucks (L) 12:30 Family Caregiver Lunch 1:00 Tai Chi with Marilyn (T) 1:00 Active Aging Week: Bunny Ice Cream, Games, Kelly's Hula Hoop game (Patio) 1:30 Bookmobile (G) 7:00 Terminally Hip returns! Vocal quartet (T)	4 9:00 Fitness with Doug (T) 12:00 Active Aging Week: Obstacle Course, Relay around the Reflection Pond, Big Pretzels (Patio) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 1:30 Torah Talk with Rabbi Rosenberg (NOTE TIME CHANGE) (CR) 2:00 Speaker: Bev Schuetz, "Daring Dames" (T) 3:00 Rosary (GR)	5 10:00 Ping-Pong (GR) 12:00 Active Aging Week: Closing Ceremony with Pizza and Cake walk (Patio) 1:30 Hand & Foot (Canasta) Card Game (SPDR)	
	6 1:00 Sunday Soloist: Dan Smith, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	7 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 7:00 Poker (GR)	8 10:00 Outing: Brookdale Farms, Eureka, Mo. /Lunch (L) 2:00 Come Sit & Knit a Bit (Grille)	9 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:00 Holly on Hand (T) 10:30 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Sarah (T) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 Music Club (T)	10 9:00 Aqua Aerobics with Doug (P) 10:00 Craft: Working with Clay (AR) 11:45 Grocery shopping, Dierbergs (L) 2:30 Documentary: (The man who knew everything-Leonardo Da Vinci (T)	11 9:00 Fitness with Doug (T) 11:30 Outing: Lunch, Old House in Hog Hollow (L) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 3:00 Rosary (GR) 4:00 Oktoberfest Happy Hour, with music from Big Joe and the Bavarians (Andre's)
13 1:00 Sunday Soloist: Will Soll, guitar and mandolin (Andre's) 1:00 Trip to Stages for "Ragtime" (for ticket holders only) (L) 2:00 Worship at Brooking Park (Chapel)	14 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 12:30 Bridge (GR) 1:30 Scrabble (GGR)	15 10:00 Outing: Eckert's for lunch, pumpkins, and apples (L) 2:00 Come Sit & Knit a Bit (Grille) 3:00 Book Club: The Book of Charlie (CR) 3:00 Computer help with SLU students (Lib) 7:00 Bible Study (CR)	16 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 How Do I Care for My Neighbor? (MPR)	17 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 10:00 Dr. Juelich, Audiologist 10:00 Flu and/or COVID shots (T) 11:45 Grocery shopping, Schnucks (L) 1:00 Tai Chi with Marilyn (T) 1:30 Bookmobile (G) 1:30 Painting with Chrissy (CR) 2:00 Trivia with Judy (MPR)	18 9:00 Fitness with Doug (T) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 2:00 Musical Bingo with Bill (T) 3:00 Rosary (GR) 4:00 October Birthday Party (Andre's)	
20 1:00 Sunday Soloist: Bill Boyer, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	21 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR) 7:00 Poker (GR)	22 9:00 Outing: R&R Ranch Miniature Horse Sanctuary, Wildwood, Mo. / Lunch (L) 2:00 Beginner CUBIGO (CR) 2:00 Come Sit & Knit a Bit (Grille) 3:00 Movie: TBA (T)	23 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 10:30 Let's Talk discussion group (MPR) 1:00 Stretch/Balance with Sarah (T) 1:00 Art Class with Chrissy (AR) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 How Do I Care for My Neighbor? (MPR)	24 9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Dierbergs (L) 3:00 Town Hall Meeting (T) / Happy Hour (Andre's)	25 9:00 Fitness with Doug (T) 10:30 Mass / Rosary (CR) 12:00 Sign-Ups for November (G) 12:30 Mahjong (GR) 1:00 Rummikub (GGR)	
27 1:00 Sunday Soloist: Rinn Netherton, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	28 9:00 Aqua Aerobics with Doug (P) 12:30 Bridge (GR) 12:30 Stretch/Balance with Sarah (T) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)	29 11:30 Outing: Fairmount Park Races/Lunch (L) 2:00 Come Sit & Knit a Bit (Grille) 3:00 Movie: TBA (T)	30 9:00 Fitness with Doug (T) 10:00 Blood Pressure Check with Amber (Lib) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Sarah (T) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 How Do I Care for My Neighbor? (MPR)	31 9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Schnucks (L) 1:30 Bookmobile (G) 2:30 Halloween Party/DJ Bill (T)	The Willows at Brooking Park 211 S. Woods Mill Rd, Chesterfield, MO 63017 314-576-0800 **RED items: Sign-up required. For trips, time refers to departure from Lobby. KEY: AR = Art Room, CR = Classroom, G = Gallery, GGR = Grille Granite Room, GR = Game Room, L = Lobby, Lib = Library, MPR = Multipurpose Room (Building A), P = Pool, SPDR = Small Private Dining Room, T = Theater	