







## For those who expect more.

Set in Chesterfield, Missouri, just outside of St. Louis, The Willows at Brooking Park is an independent living neighborhood that is perfectly sized for those seeking a more personalized experience — yet it's filled with all the amenities of a larger community.







### Always someone to share it with.

The first thing you'll notice about The Willows at Brooking Park is its ideal location, abundant amenities and upscale lifestyle. But the lasting impression you'll have is the depth and quality of the relationships you will enjoy here.

The Willows is home to individuals from every walk of life. They are the essence of the unique ambiance of this extraordinary and inviting community. When you are surrounded by neighbors with fascinating life stories and expansive interests, each day brings opportunities for friendship and learning.

This is what you'll experience at The Willows at Brooking Park, an intimate, maintenance-free Life Plan community designed for exceptional living. Whatever you're looking for, you can find it here — in the company of others who are looking for something extraordinary too.



# Each day is your own to create.





Would you care to see a movie on the big screen tonight? Catch a musical comedy? Or meet friends for a live performance? Chances are, it's coming to a theatre near you — our impressive 165-seat theatre and auditorium. Much more than a performing arts venue, our unique arts and cultural center is appropriately called **Centerstage** — because *you* take the leading role. Peruse work from local artists, including our own artists in residence, in the art gallery and sculpture garden. Or stroll to the creative arts studio to create your own masterpiece. Centerstage is the social heart of the community, and the center of activity from lectures to fitness classes to workshops.

Want to explore off-campus? Our prime West County address is close to first-class shopping and attractions, so you can count on plenty of excursions and day trips. With so many experiences to choose from, the interests and curiosity of each resident are given the room to flourish.



Residents here will be quick to tell you that The Willows excels in making each day active and fun. We work hard to give you the freedom to explore new passions, dive deeper into lifelong interests, travel freely, make new friends or give back to the community. So relax, focus on what makes you happy. Set your own course.





#### Just a few of the ways you can make every day here a great one:

- Multiple on-site restaurants
- Popular bar and grille
- Indoor heated pool and fitness classes
- Jacuzzi hot tub
- Beauty and barber salon services with full-service spa
- Private dining rooms for special occasions with friends and family
- Intimate library with cozy seating

- Billiards and club room for friendly game nights
- Extensive wine cellar with premier wines from around the world
- Sculpture garden and reflection pool
- Manicured grounds and flower beds
- Easily accessible, beautifully landscaped paved walking paths
- Creative arts studio with lots of natural light for painting or other hobbies

#### Services that make your life worry-free:

- WiFi throughout the entire campus
- Emergency response system
- 24-hour security
- Maintenance of appliances, landscaping and buildings
- Pet-friendly community

- Catering for special events
- · Home health services on-site
- Pharmacy delivery
- Scheduled transportation for professional appointments and shopping







The wide-ranging interests of The Willows' residents extend to their palates, too. Fresh, locally sourced ingredients form the basis for each meal prepared by our executive chef and the culinary team. Enjoy an elegant entrée in **Andres**, our premier restaurant, or a happy hour in **Elixers**, our popular casual bar and grill — the place to be to watch your favorite sporting events.

Enjoy our Sunday Brunch, or take advantage of our catering services and enjoy a prepared meal from the comfort of your own dining room. If you're looking to make changes in your diet, our registered dietitian can readily assist with recommendations and advice.

Whether it's lunch to go or a formal sit-down meal, you'll always be greeted by a menu that impresses and delights. And The Willows is full of people who make fascinating breakfast, lunch and dinner companions.









# A total dedication to your wellness.

Maintaining your physical fitness is key to living a more complete life — helping you build strength, confidence and resilience. Our multifaceted personal wellness philosophy features the **seven dimensions of wellness** to create a stronger, healthier you — not only physically, but intellectually, spiritually and emotionally as well.

**Intellectual:** Staying mentally sharp can improve memory and mental activity.

**Physical:** Keeping up with our physical health promotes vitality and longevity.

**Emotional:** Understanding ourselves helps us cope with life's challenges.

**Social:** Positive relationships with family and friends help to improve quality of life.

**Occupational/Vocational:** Using our hands and mind to do, make and explore creates a sense of accomplishment.

**Environmental:** Living in a pleasant, stimulating environment supports our well-being.

**Spiritual:** Finding peace and strength can be found in many ways, from prayer to quiet meditation.

### A plan for your next chapter.

The Willows is part of Brooking Park, which gives you privileged access to assisted living and memory care, skilled nursing, short-term rehabilitation and respite care, with professionally trained nurses on-site 24 hours a day. As a resident, you'll have easy access to Brooking Park's services right on campus — personal care, health care, therapies and much more, should you ever require them. And residents of The Willows receive a special discount for services at Brooking Park. Brooking Park's outstanding reputation is well-known and they have been highly ranked by the Centers for Medicare & Medicaid Services.





Our spacious apartments and villas are the largest community residences in the area, with some up to 2,600 square feet. Each home features top-quality finishes with open floor plan options. You can customize your home to your own preference and style. And if you have a furry friend, you'll be glad to know this is a pet-friendly community.





#### Upscale features to make life at home easier:

- Stainless-steel appliances
- Luxury level finishes
- Security/emergency call systems
- Balconies and patios
- · Villas with attached garages
- · Heated underground garage parking
- · All maintenance included
- Biweekly housekeeping with linen service

### Flexibility to pay for care when you need it.

The Willows is a fee-for-service community with a one-time entrance fee and monthly fees based on the home you choose. There are several plans from which to choose, including a 90% entrance fee refund option, enabling you to protect your assets for the future. Through this popular plan, you are assured the financial freedom of only paying for the care you need when you need it. As your needs change, you are assured priority access to Brooking Park, whether on a short- or long-term basis.



## St. Andrew's. An organization committed to Missouri's seniors.



The Willows at Brooking Park is part of the St. Andrew's Resources for Seniors System, which has brought Missouri's seniors much-needed solutions for more than 60 years.

Headquartered in St. Louis, this not-for-profit, faith-based organization brings our region communities and services that support health, wellness and maintaining as much independence as possible. With its resident-first philosophy, St. Andrew's creates communities where everyone is respected, productive, secure and fulfilled. Through cutting-edge programming, exceptional care and engaging, impeccably kept surroundings, St. Andrew's strives to elevate the lives of all residents and to ensure families and loved ones of their happiness, safety and security.



## Learn more, and live well.

To learn more about life at The Willows, call us at (314) 377-7318.



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