

DECEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Sunday Soloist: Tim Lilly, harp (Andre's) 2:00 Worship at Brooking Park (Chapel)	2 9:00 Aqua Aerobics with Doug (P) 9:00 Trunk show: Jewelry by resident Robin Netherton (G) 12:30 Stretch/Balance with Darren (T/TV) 1:30 Scrabble (GGR) 3:00 Rebroadcast of 11/4 Dogs on Duty presentation (TV) 7:00 Poker (GR)	3 10:00 Outing: Toys For Tots donation shopping / Brunch at Original Pancake House (L)** 2:00 Come Sit & Knit a Bit (Grille) 7:00 Bible Study (CR)	4 9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Darren (T/TV) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 4:00 Computer help with SLU students (Lib)	5 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 11:45 Grocery shopping, Dierbergs (L)** 1:00 Tai Chi with Marilyn (T) 1:30 Bookmobile (G) 7:00 Art and Nancy: Music duo playing pop and country (T/TV)	6 9:00 Fitness with Doug (T/TV) 11:00 Torah Talk with Rabbi Rosenberg (CR) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 2:00 Speaker: Bev Schuetz, "From the Beautiful to the Bizarre: The History of Makeup and More" (T) 3:00 Rosary (GR)	7 10:00 Ping-Pong (GR) 1:30 Hand & Foot (Canasta) Card Game (SPDR)
8 1:00 Sunday Soloist: Jerry Rabushka, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	9 9:00 Aqua Aerobics with Doug (P) 12:30 Bridge (GR) 12:30 Stretch/Balance with Darren (T/TV) 1:30 Scrabble (GGR)	10 2:00 Come Sit & Knit a Bit (Grille) 4:30 Outing: Italian Dinner on the Hill / Glow St. Louis at the Botanical Garden (L)**	11 9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:00 Holly on Hand (T/TV) 10:30 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Darren (T/TV) 3:30 Willows Holiday Concert (T/TV)	12 9:00 Aqua Aerobics with Doug (P) 10:00 Last day for Toys for Tots donation collection, with donuts and coffee (G) 11:45 Grocery shopping, Schnucks (L)** 2:00 Movie: "A Child's Christmas in Wales" (T)	13 9:00 Fitness with Doug (T/TV) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 2:00 Hall caroling by residents (L)** 3:00 Rosary (GR)	14 10:00 Ping-Pong (GR) 1:00 Story Time: "The Night Before Christmas," with Bettyann Slatten – children welcome! (Lib) 2:00 Bingo! (Andre's)
15 1:00 Sunday Soloist: Dan Smith, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	16 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Darren (T/TV) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)** 7:00 Poker (GR)	17 2:00 Come Sit & Knit a Bit (Grille) 3:00 Book Club: Bel Canto (CR) 4:30 Outing: Dinner at Bemo's in Cottleville / Holiday lights in St. Peters (L)** 7:00 Bible Study (CR)	18 9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Darren (T/TV) 5:00 Holiday Party (residents only), with Caroling St. Louis (Dining Room)**	19 9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 10:00 Dr. Juelich, Audiologist (Spa)** 11:45 Grocery shopping, Dierbergs (L)** 1:00 Tai Chi with Marilyn (T) 1:30 Painting with Chrissy (CR)** 1:30 Bookmobile (G) 2:00 Trivia with Judy (MPR) 3:00 Town Hall (T/TV) / Happy Hour (Andre's)	20 9:00 Fitness with Doug (T/TV) 9:00 Sign-ups for January (G) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 2:00 Musical Bingo with Bill (T/TV) 3:00 Rosary (GR) 4:00 December Birthday Celebration (Andre's)	21 10:00 Ping-Pong (GR) 1:30 Hand & Foot (Canasta) Card Game (SPDR)
22 1:00 Sunday Soloist: Rinn Netherton, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	23 9:00 Aqua Aerobics with Doug (P) 12:30 Bridge (GR) 12:30 Stretch/Balance with Darren (T/TV) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)**	24 2:00 Come Sit & Knit a Bit (Grille)	25 MERRY CHRISTMAS HAPPY HANUKKAH (1st night) <i>Meetings and classes canceled</i>	26 9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Schnucks (L)**	27 9:00 Fitness with Doug (T/TV) 12:30 Mahjong (GR) 1:00 Rummikub (GGR) 1:30 Mass / Rosary (CR)	28 10:00 Ping-Pong (GR) 3:00 Stephanie Trick and Paolo Alderighi, virtuoso piano duo
29 1:00 Sunday Soloist: Bill Boyer, piano (Andre's) 2:00 Worship at Brooking Park (Chapel)	30 9:00 Aqua Aerobics with Doug (P) 12:30 Stretch/Balance with Darren (T/TV) 1:30 Scrabble (GGR)	31 2:00 Come Sit & Knit a Bit (Grille) 6:00 New Year's Eve party: Dinner, with music by the Newcomb Brothers (T)**				

The Willows at Brooking Park

211 S. Woods Mill Rd, Chesterfield, MO 63017 314-576-0800



****RED items: Sign-up required. For trips, time refers to departure from Lobby.**

KEY: AR = Art Room, CR = Classroom, G = Gallery, GGR = Grille Granite Room, GR = Game Room, L = Lobby, Lib = Library, MPR = Multipurpose Room (Building A), P = Pool, SPDR = Small Private Dining Room, T = Theater, TV = WBP-TV, Channel 72