

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>MAY 2025</h1>				1	2	3
				9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 11:45 Grocery shopping, Schnucks (L)** 1:00 Tai Chi with Marilyn (T) 1:00 Bridge (CR) 1:30 Bookmobile (G)	9:00 Fitness with Doug (T/TV) 11:00 Torah Talk with Rabbi Rosenberg (CR) 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 2:00 Speaker: Bev Schuetz, "Daring Dames of History" (T/TV) 3:00 Rosary (GR)	10:00 Ping-Pong (GR)
4	5	6	7	8	9	10
1:00 Sunday Soloist: Richard Egan, piano (G) 2:00 Worship at Brooking Park (Chapel)	9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 10:00 Come Grab a Snack: Cherry strudel (Activities) 12:30 Stretch/Balance with Vanessa (T/TV) 1:30 Scrabble (GGR) 3:00 Learn to play pool with Harvey (GR) 7:00 Poker (GR)	10:00 Out Trip: Hawken House Museum in Webster Groves (L)** 2:00 Come Sit & Knit a Bit (Grille) 7:00 Bible Study (CR)	9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Poetry Club (GR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Chimes with Karen (CR) 3:00 Learn to play pool with Harvey (GR)	9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Dierbergs (L)**	9:00 Fitness with Doug (T/TV) 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 3:00 Rosary (GR)	10:00 Ping-Pong (GR) 1:00 Bingo! (Andre's)
11	12	13	14	15	16	17
2:00 Worship at Brooking Park (Chapel)	9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) 1:00 Bridge (CR) 1:30 Scrabble (GGR) 3:30 Learn to play pool with Harvey (GR)	10:00 Out Trip: Cardinals Hall of Fame & Museum / Lunch at Ballpark Village (L)** 2:00 Come Sit & Knit a Bit (Grille)	9:00 Fitness with Doug (T/TV) 10:00 Holly on Hand (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:45 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Learn to play pool with Harvey (GR) 3:00 Chimes with Karen (CR) 4:00 Music Club (T)	9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) 10:00 Dr. Juelich, Audiologist (Spa)** 11:45 Grocery shopping, Schnucks (L)** 12:00 Family Caregiver Lunch (APDR)** 1:00 Tai Chi with Marilyn (T) 1:00 Trivia with Judy (MPR) 1:00 Bridge (CR) 1:30 Bookmobile (G) 1:30 Painting with Chrissy (AR)**	9:00 Fitness with Doug (T/TV) 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 2:00 Musical Bingo with Bill (T/TV) 3:00 Rosary (GR) 4:00 May Birthday Party (Andre's)	10:00 Ping-Pong (GR) 2:00 Terminally Hip returns! Vocal quartet (T/TV)
18	19	20	21	22	23	24
1:00 Sunday Soloist: Bill Boyer, piano (G) 2:00 Worship at Brooking Park (Chapel)	8:00 UMSL nursing visit (Lib) 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)** 2:00 Rekha Dravina, pianist (T/TV) 3:00 Learn to play pool with Harvey (GR) 7:00 Poker (GR)	11:00 Out Trip: Von Maur Shopping / Lunch at BC's in Lake Saint Louis (L)** 2:00 Come Sit & Knit a Bit (Grille) 3:00 Book Club: <i>The Dictionary of Lost Words</i> (CR) 7:00 Bible Study (CR)	9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Poetry Club (GR) 12:00 Men's Lunch (Andre's)** 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 3:00 Willows Chorus and Chimes Concert (T/TV) 3:00 Learn to play pool with Harvey (GR) 4:00 Computer help with SLU students (Lib)	9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Dierbergs (L)** 3:00 Town Hall Meeting (T/TV) / Happy Hour (Andre's)	9:00 Sign-ups for June (G) 9:00 Fitness with Doug (T/TV) 10:30 Mass/Rosary (CR) 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR)	10:00 Ping-Pong (GR)
25	26	27	28	29	30	31
2:00 Worship at Brooking Park (Chapel)	9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 10:00 Memorial Day Celebration for Residents (Patio)** 12:30 Stretch/Balance with Vanessa (T/TV) 1:00 Bridge (CR) 1:30 Scrabble (GGR) 2:00 Flower Arranging (CR)** 3:30 Learn to play pool with Harvey (GR)	9:00 Out Trip: Hermann Farm and Museum / Lunch at Stone Hill Winery (L)** 2:00 Come Sit & Knit a Bit (Grille) 2:00 Beginner CUBIGO (CR)	9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:45 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 3:00 Learn to play pool with Harvey (GR)	9:00 Aqua Aerobics with Doug (P) 11:45 Grocery shopping, Schnucks (L)** 1:00 Bridge (CR)	9:00 Fitness with Doug (T/TV) 11:00 Food Drive: Italian (T)** 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 3:00 Rosary (GR)	10:00 Ping-Pong (GR)

****RED items: Sign-up required. For trips, time refers to departure from Lobby.**

KEY: APDR = André's Private Dining Room, AR = Art Room, CR = Classroom, G = Gallery, GGR = Grille Granite Room, GR = Game Room, L = Lobby, Lib = Library, MPR = Multipurpose Room (Building A), P = Pool, T = Theater, TV = WBP-TV, Channel 72

The Willows at Brooking Park
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