

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<b>8:15 Walking at St. Luke's Trail (L)**</b> 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) <b>12:00 Labor Day Lunch (T)**</b> 12:30 Stretch/Balance CANCELED 1:30 Scrabble (GGR) 1:30 Duplicate Bridge (APDR) 2:30 Dining Committee (Open to all) (SPDR) 3:00 Learn to play pool with Harvey (GR) 7:00 Poker (GR)	<b>10:00 Out Trip: Kirkwood Library Tour / Lunch at First Watch (L)**</b> 2:00 Come Sit & Knit a Bit (Andre's) 7:00 Bible Study (CR)	9:00 Fitness with Doug (T/TV) <b>10:00</b> Blood pressure check with Amber (Lib) <b>10:00 Grab a Snack: Luau Style (Activities)</b> 10:30 Poetry Club (GR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Learn to play pool with Harvey (GR) 3:00 Chimes with Karen (CR)	9:00 Aqua Aerobics with Doug (P) <b>9:30 Out Trip: Science Center / Lunch at Bartolino's (L)**</b> 10:00 Apple Help with Larry (CR) 1:00 Tai Chi with Marilyn (T) 1:00 Duplicate Bridge (APDR)	9:00 Fitness with Doug (T/TV) 11:00 Torah Talk with Rabbi Rosenberg (CR) <b>11:00 Grocery shopping, Schnucks (L)**</b> 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) <b>2:00 Speaker: Bev Schuetz, "Theatrical Giants" (T/TV)</b> 3:00 Rosary/Communion (CR)	10:00 Ping-Pong (GR) 
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>1:00 Sunday Soloist: Alyssa Catlin, guitar (G)</b> 2:00 Worship at Brooking Park (Chapel)	<b>8:15 Walking at St. Luke's Trail (L)**</b> 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) 1:30 Scrabble (GGR) 1:30 Duplicate Bridge (APDR) 3:30 Learn to play pool with Harvey (GR)	<b>10:00 Out Trip: Missouri Botanical Gardens / Lunch at Favazza's on the Hill (L)**</b> 2:00 Come Sit & Knit a Bit (Andre's) <b>3:00 Craft: Jewelry Making (AR)**</b>	9:00 Fitness with Doug (T/TV) <b>10:00 Holly on Hand (T/TV)</b> 10:00 Blood pressure check with Amber (Lib) 10:30 Let's Talk discussion group (MPR) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Learn to play pool with Harvey (GR) 3:00 Chimes with Karen (CR) 4:00 Music Club (Andre's)	9:00 Aqua Aerobics with Doug (P) <b>12:00 Family Caregiver Lunch (SPDR)**</b> 1:00 Duplicate Bridge (APDR) 2:00 Bookmobile (G)	9:00 Fitness with Doug (T/TV) <b>11:00 Grocery shopping, Dierbergs (L)**</b> 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 3:00 Rosary/Communion (CR)	10:00 Ping-Pong (GR) 1:00 Bingo! (Andre's) 
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
2:00 Worship at Brooking Park (Chapel)	<b>8:15 Walking at St. Luke's Trail (L)**</b> 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) 1:30 Scrabble (GGR) 1:30 Duplicate Bridge (APDR) <b>2:00 Flower Arranging (CR)**</b> 3:00 Learn to play pool with Harvey (GR) 7:00 Poker (GR)	<b>10:00 Out Trip: Zoo / Lunch at Joey B's on the Hill (L)**</b> 2:00 Come Sit & Knit a Bit (Andre's) 3:00 Book Club: "Annie Freeman's Fabulous Traveling Funeral" by Kris Radish (CR) 7:00 Bible Study (CR)	9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Poetry Club (GR) <b>12:00 Men's Lunch (Andre's)**</b> 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Learn to play pool with Harvey (GR) 3:00 Chimes with Karen (CR)	9:00 Aqua Aerobics with Doug (P) 10:00 Apple Help with Larry (CR) <b>10:00 Dr. Juelich, Audiologist (Spa)**</b> 1:00 Tai Chi with Marilyn (T) 1:00 Duplicate Bridge (APDR) <b>1:30 Painting with Chrissy (AR)**</b> <b>1:30 Women's Ice Cream Social (T)**</b>	9:00 Fitness with Doug (T/TV) <b>12:00 Grocery shopping, Schnucks (L)**</b> 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) <b>2:00 Musical Bingo with Bill (T/TV)</b> 3:00 Rosary/Communion (CR) <b>4:00 September Birthday Party (Andre's)</b>	10:00 Ping-Pong (GR) 
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>1:00 Sunday Soloist: Tim Lilly, harp (G)</b> 2:00 Worship at Brooking Park (Chapel)	<b>8:15 Walking at St. Luke's Trail (L)**</b> 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) <b>1:30 Rosh Hashanah Documentary w/Snacks (T)</b> 1:30 Scrabble (GGR) 1:30 Duplicate Bridge (APDR) <b>2:00 Flower Arranging (CR)**</b> 3:30 Learn to play pool with Harvey (GR)	<b>10:00 Out Trip: Antiques in Washington, Mo. / Lunch at The Tilted Skillet (L)**</b> 2:00 Beginner CUBIGO (CR) 2:00 Come Sit & Knit a Bit (Andre's)	9:00 Fitness with Doug (T/TV) 10:00 Blood pressure check with Amber (Lib) 10:30 Let's Talk discussion group (MPR) <b>12:00 Infinium Pharmacy Flu Shot Clinic (T)**</b> 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance with Vanessa (T/TV) 2:00 Chorus with Karen (T) 3:00 Learn to play pool with Harvey (GR) 3:00 Chimes with Karen (CR)	9:00 Aqua Aerobics with Doug (P) <b>1:00 Trivia with Judy (MPR)</b> 2:00 Bookmobile (G) <b>3:00 Town Hall Meeting (T/TV) / Happy Hour (Andre's)</b>	9:00 Fitness with Doug (T/TV) <b>9:00 Sign-ups for October (G)</b> <b>11:00 Grocery shopping, Dierbergs (L)**</b> <b>12:00 Food Drive: Fried Chicken Lunch (T)**</b> 12:30 Mahjong (GR) 12:30 Stretch/Balance with Sharon (T/TV) 1:00 Rummikub (GGR) 3:00 Rosary/Communion (CR)	10:00 Ping-Pong (GR) 
<b>28</b>	<b>29</b>	<b>30</b>	<div>SEPTEMBER 2025</div>			
2:00 Worship at Brooking Park (Chapel) <b>2:00 Corwin and Grace! Hot folk duo on tour from England (T/TV)</b>	<b>8:15 Walking at St. Luke's Trail (L)**</b> 9:00 Aqua Aerobics with Doug (P) 9:00 Video: Exercise with Doug (T) 12:30 Stretch/Balance with Vanessa (T/TV) 1:30 Scrabble (GGR) 1:30 Duplicate Bridge (APDR)	<b>2:00 Luau with DJ Bill**</b> 1:00 Come Sit & Knit a Bit (APDR)				
The Willows at Brooking Park 211 S. Woods Mill Rd, Chesterfield, MO 63017 314-576-0800			<b>**RED items: Sign-up required. For trips, time refers to departure from Lobby.</b>  KEY: APDR = André's Private Dining Room, AR = Art Room, CR = Classroom, G = Gallery, GGR = Grille Granite Room, GR = Game Room, L = Lobby, Lib = Library, MPR = Multipurpose Room (Building A), P = Pool, SPDR = Small Private Dining Room, T = Theater, TV = WBP-TV, Channel 72			